



Allstar Fitness is different.
HERE ARE THE FACTS:

VISIT THE BEST HEALTH CLUBS IN SEATTLE!

FACT:

Allstar not only offers the **biggest and best facilities**, it actually offers all the programs you need to help you meet your fitness goals.

FACT:

Allstar creates a **healthy way of life** in a place that gives you fitness, sports, **FAMILY RECREATION** - all in one. Pools, rock wall, gymnasium, complete fitness centers, boxing studio and over 100 group classes per week.

FACT:

Allstar sets **higher than industry standards** for qualifications of our fitness department trainers and group exercise instructors to provide knowledgeable and certified employees to help you achieve your goals and aspirations. We use protocols from the American College of Sports Medicine.

FACT:

Allstar has **created everything from the member's point of view**, like a month to month option and 14 day guest passes for family and friends. Free lockers, free towel service, and **FREE KIDS PROGRAMMING**.

FACT:

Allstar is the only full service club that provides an entire **section of the club dedicated for women only**. This provides a comfortable workout environment for those that would rather have more privacy.

FACT:

Allstar offers special **affordable fitness programs** that educate, motivate, and inspire. Like our 12 week Fitness Challenge and summer **TEAM** training programs where Trainers and fellow Members encourage commitment and accountability.

JOIN FOR

\$0*

and receive

A FREE

FITNESS PACKAGE
WORTH \$150

*Enrollment Fee

OFFERS ENDS
3/11/2010

ADD A
FAMILY MEMBER

\$29

PER MONTH

OFFERS ENDS
3/11/2010

*Facilities vary by location.

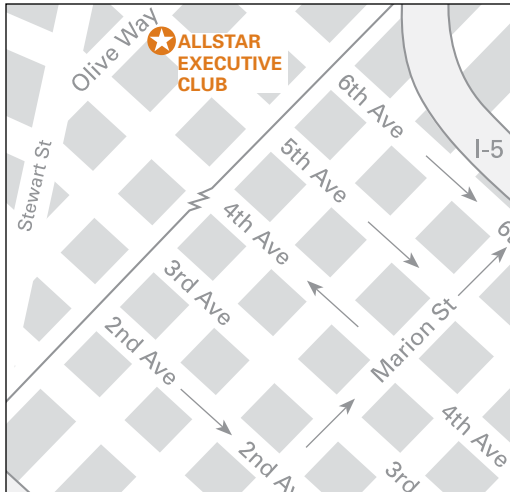


EXECUTIVE CLUB

206.292.0900

511 OLIVE WAY, SEATTLE, WA 98101

BEST HEALTH CLUBS IN SEATTLE



4 AEROBIC STUDIOS BOXING STUDIO WITH 12 HEAVY BAGS GRAND LOBBY WITH FLAT SCREEN TV WINTERGARDEN CAFE PERSONAL TRAINING DAY SPA & TANNING 3 STORY ROCK CLIMBING WALL PROSHOP CONFERENCE ROOM PARKING PRIVATE STEAM & SAUNA WOMEN'S ONLY WORKOUT AREA FREE WEIGHTS HAMMER STRENGTH NAUTILUS CIRCUIT TRAINING TREADMILLS STAIRMASTERS LIFE FITNESS ELLIPTICAL TRAINERS CROSS TRAINERS PRIVATE SHOWERS GROUP EXERCISE CLASSES MASSAGE THERAPY NUTRITION COUNSELING CLINICS PERSONAL TRAINING GROUP CYCLING STEP AEROBICS/MARTIAL ARTS DANCE KICKBOXING PILATES BODY SCULPTING Visit us today in person or online at www.allstarfitness.com



GIVE US A TRY

14-DAY MEMBERSHIP

Some restrictions apply, offers cannot be combined. Must present this ad.

HURRY... OFFER ENDS 3/11/10

CLUB TRADE

\$0 ENROLLMENT FEE

If you bring in your current health club I.D.

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HURRY... OFFER ENDS 3/11/10

DISCOUNT RATES

- SENIOR
- STUDENT
- MILITARY
- CORPORATE

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