



Allstar Fitness is different.  
HERE ARE THE FACTS:

VISIT THE BEST HEALTH CLUBS IN SEATTLE!

**FACT:**

Allstar not only offers the **biggest and best facilities**, it actually offers all the programs you need to help you meet your fitness goals.

**FACT:**

Allstar creates a **healthy way of life** in a place that gives you fitness, sports, **FAMILY RECREATION** - all in one. Pools, rock wall, gymnasium, complete fitness centers, boxing studio and over 100 group classes per week.

**FACT:**

Allstar sets **higher than industry standards** for qualifications of our fitness department trainers and group exercise instructors to provide knowledgeable and certified employees to help you achieve your goals and aspirations. We use protocols from the American College of Sports Medicine.

**FACT:**

Allstar has **created everything from the member's point of view**, like a month to month option and 14 day guest passes for family and friends. Free lockers, free towel service, and **FREE KIDS PROGRAMMING**.

**FACT:**

Allstar is the only full service club that provides an entire **section of the club dedicated for women only**. This provides a comfortable workout environment for those that would rather have more privacy.

**FACT:**

Allstar offers special **affordable fitness programs** that educate, motivate, and inspire. Like our 12 week Fitness Challenge and summer **TEAM** training programs where Trainers and fellow Members encourage commitment and accountability.

**JOIN FOR**

**\$0\***

and receive

**A FREE**

**FITNESS PACKAGE**  
WORTH \$150

\*Enrollment Fee

**OFFERS ENDS**  
**3/11/2010**

**ADD A**  
**FAMILY MEMBER**

**\$29**

**PER MONTH**

**OFFERS ENDS**  
**3/11/2010**

\*Facilities vary by location.

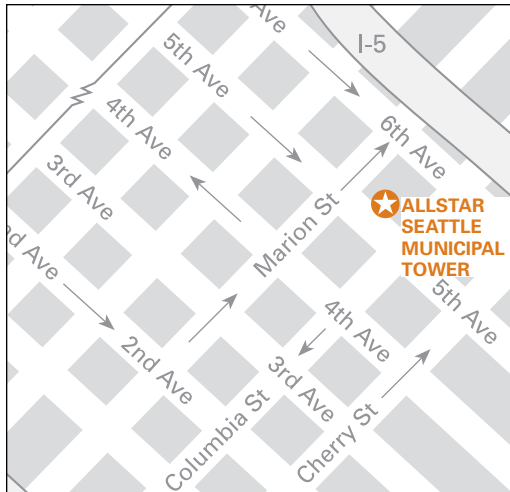


SEATTLE MUNICIPAL TOWER

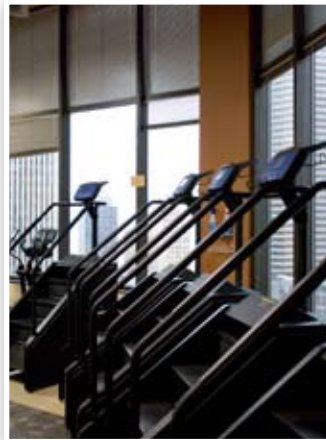
206.343.4692

700 FIFTH AVENUE, 14TH FLOOR SEATTLE, WA 98104

# BEST HEALTH CLUBS IN SEATTLE



5 LANE, 25 YARD INDOOR SWIMMING POOL 2 AEROBIC STUDIOS WATER FITNESS CLASSES PERSONAL TRAINING BROADCAST VISION DMX SOUND SYSTEM CARDIO-VASCULAR EQUIPMENT (TREADMILLS, STAIRMASTERS) LIFEFITNESS ELLIPTICAL CROSS TRAINERS LIFECYCLES NUTRITION COUNSELING FITBALL STRETCHING FREE WEIGHTS WEIGHT MACHINES EXECUTIVE LOCKER ROOMS PRIVATE SHOWERS SAUNA JACUZZI STEAM ROOM TOWEL SERVICE EXECUTIVE LOCKERS FREE GROUP EXERCISE CLASSES, ALL LEVELS FREE ASSESSMENT AND EQUIPMENT ORIENTATIONS 20FT WINDOWS WITH SWEEPING VIEWS OF DOWNTOWN AND PUGET SOUND EXTENSIVE CORPORATE WELLNESS PROGRAMMING PROGRAMS CENTERED AROUND YOUR BUSY WORK SCHEDULE



GIVE US A TRY

**14-DAY  
MEMBERSHIP**

*Some restrictions apply, offers cannot be combined. Must present this ad.*

**HURRY... OFFER ENDS 3/11/10**

CLUB TRADE

**\$0 ENROLLMENT  
FEE**

*If you bring in your current health club I.D.*

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DISCOUNT RATES

- SENIOR
- STUDENT
- MILITARY
- CORPORATE

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